

# Home learning



## We will learn...

- The message that face expressions, gestures or postures send to others.
- To express emotions, moods and ideas intentionally trough our body language.
- To use music to reinforce the ideas we want to communicate through our body language.

Connections | Related ideas that we need to know before we start.

### Did you know?

**Mime:** is a type of acting that exaggerates physical movement and expressions that do not use words or speech. It has its origins in the theatres of ancient Rome and Greece. Some people believe that primitive humans used mime as they could not talk.

The Capsule you are going to start it is about getting to know the possibilities of your body as a means of communication.



### Get ready!

Grab all the required materials and tools to start.

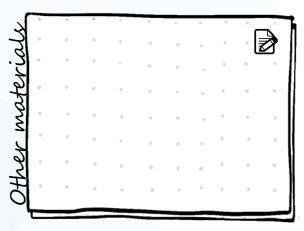


Are you missing a material? For which one could you replace it? Will you use others to decorate? Write them down.

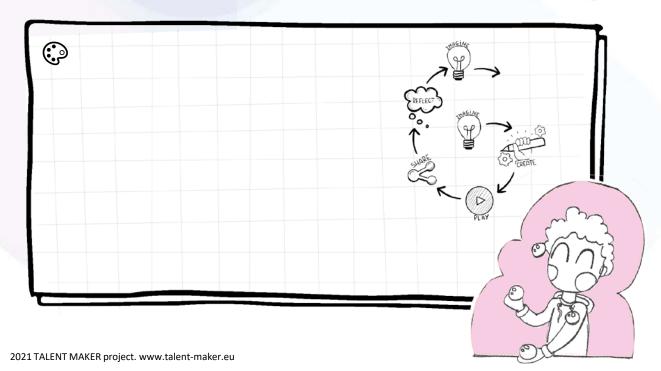
### Materials

Tick the materials that you already have

- 1. Your own body
- 2. Device with video recorder
- 3. Device with access to internet



Imagine How is the body posture of someone sad? And happy? Draw them.





Let's create! Read follow the instructions and watch the videos. Practice your acting and record yourself.

1. Watch and re-enact the video of a mime acting out different situations for inspiration. Scan the QR code to access the video.





1.1. Let's warm up, and pretend you are climbing stairs.

How fast would you walk stairs when going to tidy up your bedroom? And knowing there is a gift?

1.2. Wow, stop! You have reached a wall. Wait, did you put yourself inside a trap?

If so, how would you feel? Shocked? Scared?



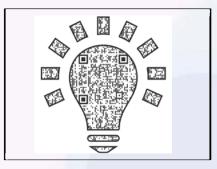


1.3. What is it? A box! Let's lift it!

If your as strong as Hercules it might be easy for you, but don't show off please!

1.4. What now? A rope! Let's pull it to find out what is on its end. Are you breathing rapidly because of the effort? Taker care, do not fall backwards.





Make up your own performance. Think about your facial expressions, gestures, postures and breathing according to your show events.

Once you have rehearsed until mastering it,
 represent it in front of your family and ask them
 to record it.



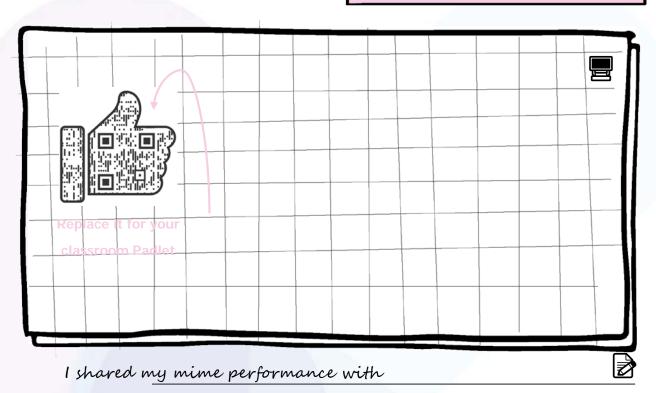


4. Using a device with internet access use a free video editor to add sound effects or music to reinforce the message of your performance.



### Play and share

Upload your video to Padlet to share it!



### Reflect

Choose one of t he following questions and develop its answer.

- 1. Do you think gestures and postures have the same meaning worldwide? Put an example.
- 2. Share something that you have noticed about non-verbal communication during this capsule.
- 3. Explain the part that you most enjoyed acting out as a mime and why.

How many stars will you give to your creativity?

Colour them!

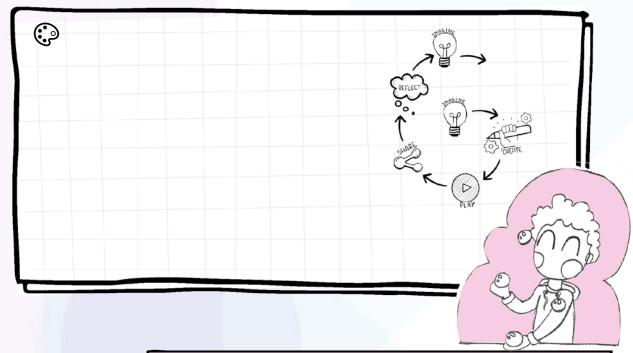






## School Workshop

## Imagine How is the body posture of someone sad? And happy? Draw them.



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