



Home learning

We will learn...

- TO IDENTIFY ANGER.
- THINGS THAT MAKE US 😞.
- WHY DO WE FEEL THIS WAY.
- TECHNIQUES TO CALM DOWN.
- TO 🛑 BEFORE ACTING.

Connections

BEFORE YOU START...

DID YOU KNOW?

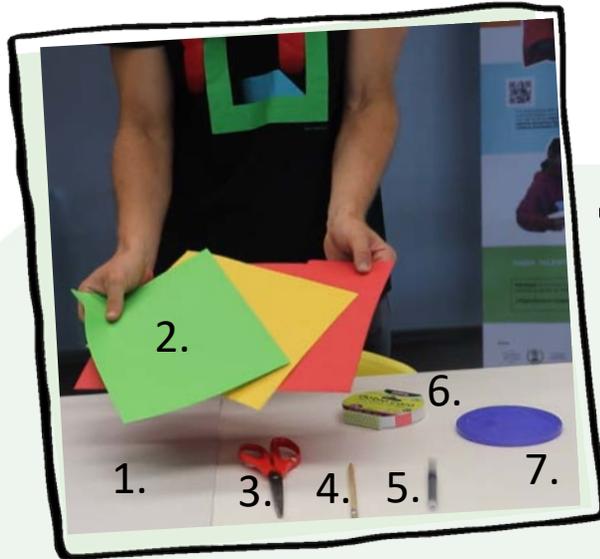
ANGER IS ONE OF THE BASIC EMOTIONS. IT IS COMMON TO ALL MAMMALS AND SOME OTHER 🐾🐻🐼🐨🐼. RAGE IS THE ⚡ FORM OF ANGER (KIDDLE, KIDS ENCYCLOPEDIA FACTS)

THIS IS AN INTROSPECTION ACTIVITY. YOU ARE GOING TO REFLECT ON HOW YOU ACT AND HOW YOU WOULD LIKE TO ACT WHEN FEELING ANGRY THROUGH A INTERACTIVE STORY.



Get ready!

GRAB THE MATERIALS AND THINK ABOUT IT...



Materials

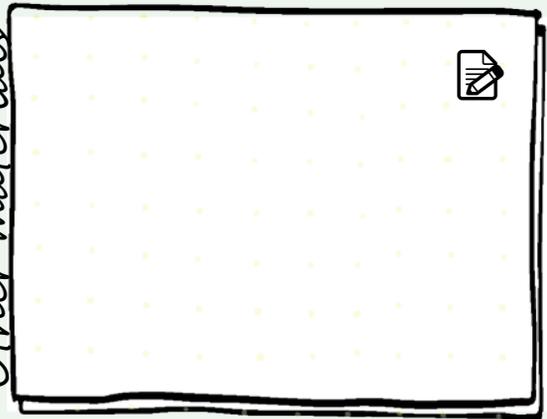
Tick the materials that you already have

- 1. CARDBOARD
- 2. 3 COLOUR PAPER
- 3. SCISSORS
- 4. PENCIL
- 5. BLACK MARKER
- 6. DOUBLE SIDED LID
- 7. CIRCULAR OBJECT

YOU WILL ALSO NEED:

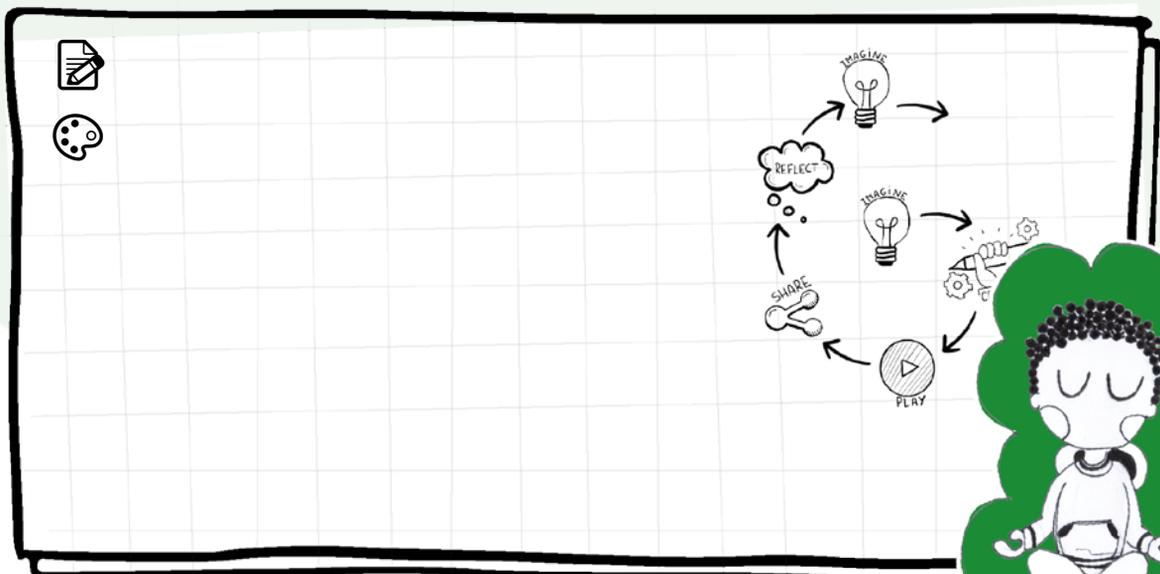
- DIGITAL DEVICE WITH SCRATCH ACCESS
- MAKEY MAKEY
- TIN FOIL PAPER

Other materials



Imagine

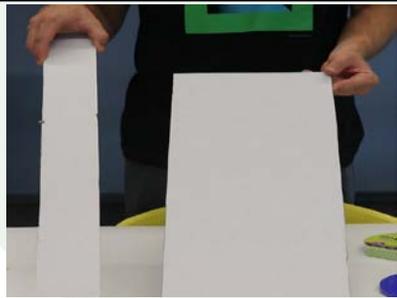
WHAT ANGER-CONTROL TOOL DO YOU IMAGINE WITH THESE MATERIALS?



Let's create!

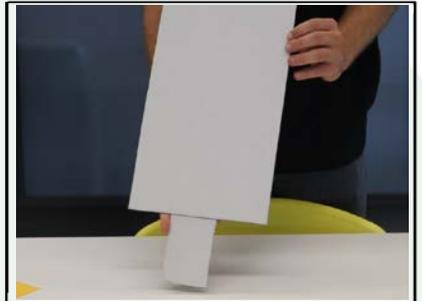
FOLLOW THE INSTRUCTIONS AND WATCH THE VIDEO.

1- SCAN THE QR CODE TO FOLLOW THE STEP-BY-STEP VIDEO.



2- DRAW A RECTANGLE ON THE CARDBOARD AND CUT IT SO YOU WILL HAVE 2: 1 BIG AND 1 SMALL

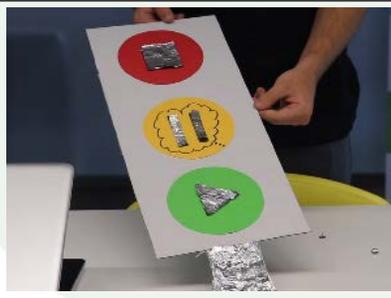
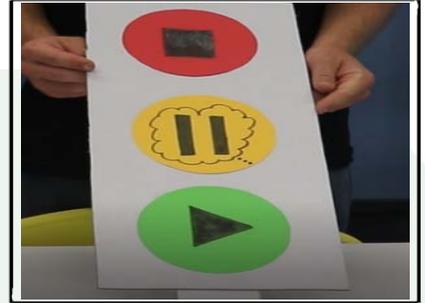
3- USE THE DOUBLE-SIDED TAPE TO FIX THE 2 RECTANGLES TOGETHER TO CREATE YOUR  .



4- DRAW AND CUT OUT A ○ IN EACH COLOUR PAPER USING A CIRCULAR OBJECT.



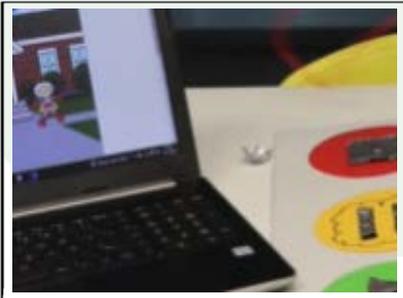
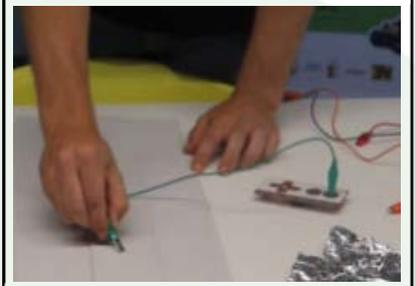
5- PASTE THE CIRCLES ON THE CARDBOARD
AND DRAW THE SYMBOLS (■, ||, ▶).



6- COVER THE SYMBOLS AND THE Ⓜ HANDLE WITH
TIN FOIL PAPER AND USE THUMB TACKS TO FIX IT.

7- OPEN 🐱 AND THE MAKEY MAKEY EXTENSION. CLIP A
CROCODRILE PEG FROM THE MAKEY MAKEY BOARD TO:

- EACH SYMBOL (■, ||, ▶)
- TO THE Ⓜ HANDLE.



8- CREATE A STORY ON 🐱 ABOUT A
SITUATION WHERE SOMEONE GETS ANGRY.
**TOUCHING THE HANDLE AND THE
CORRECT SYMBOL THE SITUATION HAS
TO GET SOLVED.**



Play and share

SHOW YOUR ANGER SEMAPHORE.

		SHARE YOUR  PROJECT. 	

I SHARED MY ANGER-CONTROL TOOL WITH



Reflect

ANSWER TO ONE OF THE FOLLOWING QUESTIONS:

1. EXPLAIN TO SOMEONE WHEN YOU HAVE USED YOUR CRITICAL THINKING DURING THE CAPSULE.
2. GIVE A HINT TO SOMEONE ABOUT HOW TO ACT WHEN FEELING ANGRY TO COOL DOWN.
3. FINISH THE SENTENCE: I FELT ANGRY WHEN...BECAUSE...

How many stars will you give to your critical thinking skills? Colour them!



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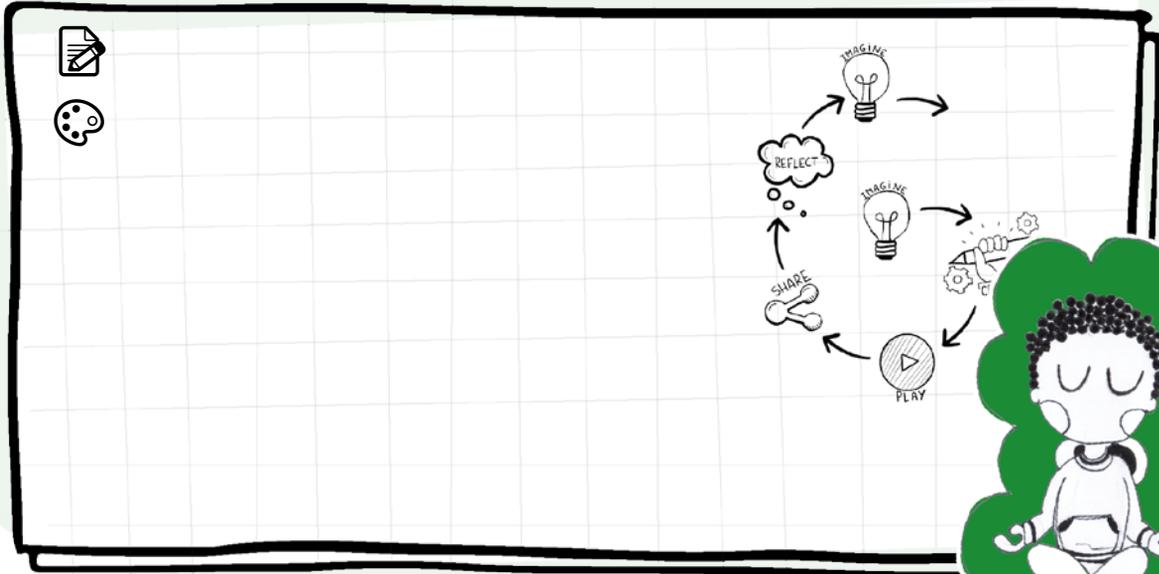


School Workshop



Imagine

WHAT ANGER-CONTROL TOOL DO YOU IMAGINE WITH THESE MATERIALS?



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